

राष्ट्रिय आदिवासी जनजाति महिला महासंघका प्रकाशनहरू



राष्ट्रिय आदिवासी जनजाति महिला महासंघ  
National Indigenous Women's Federation (NIWF)

Kathmandu Metropolitan City-10, Buddhanagar  
Tel: +977-1-4794192, +977- 9765014033  
Email: niwf2057@gmail.com, Web: www.niwf.org.np



DIRECTORY



राष्ट्रिय आदिवासी जनजाति महिला महासंघ  
National Indigenous Women's Federation (NIWF)

# DIRECTORY



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## राष्ट्रिय गान

सयौ थुँगा फूलका हामी एउटै माला नेपाली  
सार्वभौम भई फैलिएका मेची-महाकाली ।  
प्रकृतिका कोटीकोटी सम्पदाको आँचल  
वीरहरूका रगतले स्वतन्त्र र अटल  
ज्ञानभूमि शान्तिभूमि तराई पहाड हिमाल  
अखण्ड यो प्यारो हाम्रो मातृभूमि नेपाल  
बहुल जाति भाषा धर्म संस्कृति छन् विशाल  
अग्रगामी राष्ट्र हाम्रो जय जय नेपाल ।

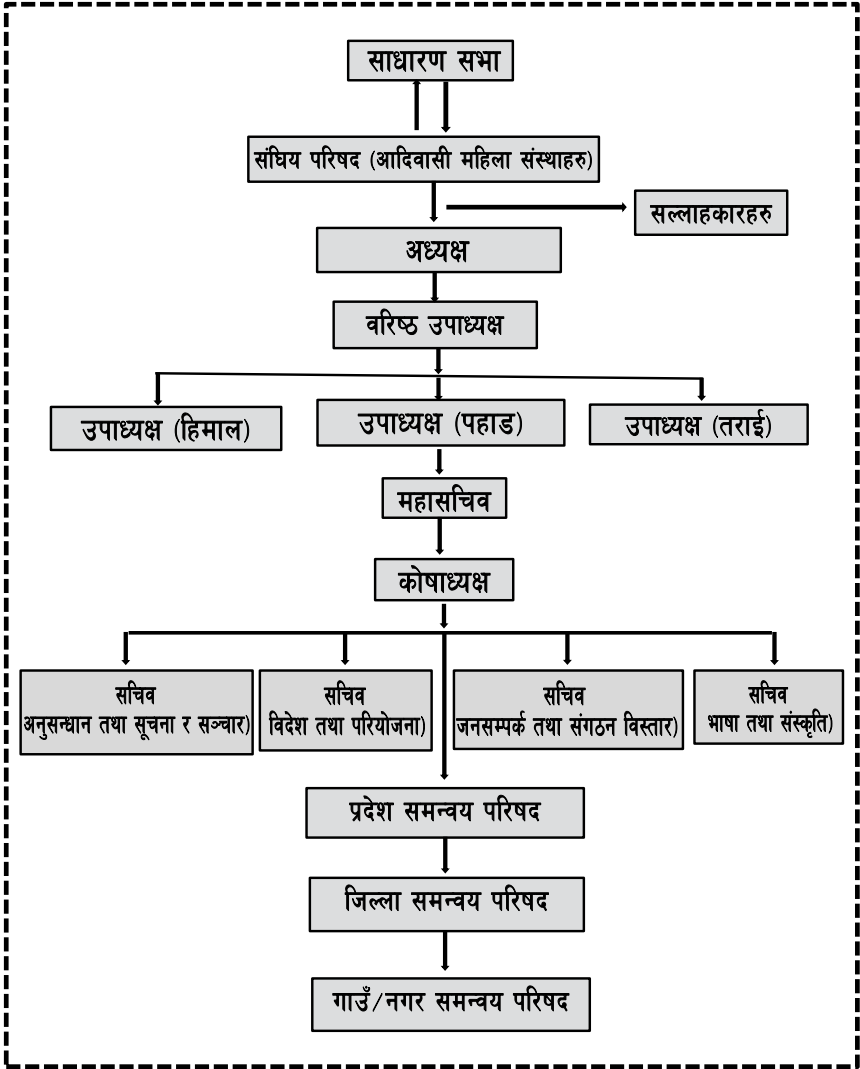
### English Translation

Woven from hundreds of flowers we are one garland that's Nepali  
Spread sovereign from Mechi to Mahakali.  
A shawl of nature's wealth unending  
From the blood of the braves a nation free and non-moving  
A land of knowledge of peace the plains hills and mountains tall  
Indivisible this beloved land of ours our motherland Nepal  
Of many races languages religions and cultures of incredible sprawl  
This progressive nation of ours all hail Nepal.

रचनाकार : व्याकूल माईला

संगीतकार : अम्बर गुरुङ्ग

# राष्ट्रीय आदिवासी जनजाति महिला महासंघको सांगठनीक संरचना



# PERSONAL MEMORANDA

Name \_\_\_\_\_

Address \_\_\_\_\_

\_\_\_\_\_

Tel. (Off.) \_\_\_\_\_

Tel. (Res.) \_\_\_\_\_

Mob. No. \_\_\_\_\_

E-mail \_\_\_\_\_

\_\_\_\_\_

Driving Licence No. \_\_\_\_\_

Vehicle Registration No. \_\_\_\_\_

Passport No. \_\_\_\_\_

Bank Accounts \_\_\_\_\_

\_\_\_\_\_

Credit Card \_\_\_\_\_

Blood Group \_\_\_\_\_ Doctor \_\_\_\_\_

Emergency Contact No. \_\_\_\_\_

Emergency Contact Address \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

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\_\_\_\_\_

## राष्ट्रिय आदिवासी जनजाति महिला महासंघको कार्य समितिका पदाधिकारीहरू



**डिनी शेर्पा**  
अध्यक्ष



**कल्पना भट्टचन**  
उपाध्यक्ष (हिमाल)



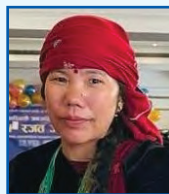
**कमला प्रजा (चेपाङ)**  
उपाध्यक्ष (पहाड)



**सुमित्रा ताजपुरिया**  
उपाध्यक्ष (तराई)



**शोभा सुनुवार**  
महासचिव



**देवमती धन्त्याल**  
कोषाध्यक्ष



**नुमा देवी मेचे**  
सचिव  
(अनुसन्धान तथा सूचना र सञ्चार)



**सनम राजवंशी**  
सचिव  
(विदेश तथा परियोजना)



**रिना बराम**  
सचिव  
(जनसम्पर्क तथा संगठन विस्तार)



**बास्मती राजी**  
सचिव  
(भाषा तथा संस्कृति)



# National Indigenous Women's Federation (NIWF)

## NIWF Founder

S. N.	Name	Contact No.	Email
1.	Stella Tamang	9851030437	stella.bikalpanepal@gmail.com
2.	Dr.Chunda Bajracharya	9841330137	chundabajracharya@yahoo.com
3.	Yasso Kanti Bhattachan	9841818059	Yassokanti@gmail.com
4.	Hema Pun		
5.	Mira Ghale Gurung		

## NIWF Adviser

S. N.	Name	Contact No.	Email
1.	Yasso Kanti Bhattachan	9841818059	yassokanti@gmail.com
2.	Chini Maya Majhi	9851044419	cmayam169@yahoo.com
3.	Adv. Shanti Kumari Rai	9843386109	NA
4.	Krishna Kumari Waiba	9851091101	waiba.krishna@gmail.com
5.	Chhing Lhamu Sherpa	9851042164	chhinglhomi1978@gmail.com

## NIWF Expert

S. N.	Name	Contact No	Email
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3.	Pratima Gurung	9841457270	mailmepratima508@gmail.com
4.	Shreejana Pradhan	9851053529	mrs.shreejanapradhan@gmail.com
5.	Chhing Chhippa Lhomi	9860470861	chhinglhomi1978@gmail.com
6	Yankila Sherpa		

## Executive Committee

S. N.	Name	Post	Contact No.	Email
1.	Nimi Sherpa	Chairperson	9851032870	atesnimis@yahoo.com
2.	Tham Maya Chhantyal	Senior Vice-Chairperson	9851012231	prabhachhantyal2@gmail.com
3.	Kalpana Bhattachan	Vice Chairperson-Himalayan	9841540241	kalpana.bhattachan715@gmail.com

4.	Kamala Chepang	Vice Chairperson-Mountain	9845449254	kamalapraja7@gmail.com
5.	Sumitra Tajpuriya	Vice Chairperson Terai	9842091285	sumitratajpuriya11@gmail.com
6.	Shobha Sunuwar	General Secretary	9843762606	shovasunuwar8@gmail.com
7.	Devmati Chhantyal	Treasurer	9860634019	deu.chhantyal@gmail.com
8.	Reena Baram	Public Relation & Organization Expand-Secretary	9849850541	reenabaramul@gmail.com
9.	Basmati Raji	Language & Culture-Secretary	9848663055	rajibasmati@gmail.com
10.	Sanam Rajbanshi	Foreign & Project -Secretary	9804971162	rajbanshisanam94@gmail.com
11.	Numa Devi Meche	Research, Information & Communication-Secretary	9825955007	mechenuma@gmail.com

### NIWF Staff

S. N.	Name	Designation	Contact No.	Email
1	Sumitra Maharjan	Senior Finance Officer	9849518321	sumitra.niwfederation@gmail.com
2	Hira Kumari Tamang	Program Officer	9851164196	hira.niwfederation@gmail.com
3	Saphi Maharjan	Assistant Finance Officer	9803452798	saphi.niwfederation@gmail.com
4	Sristi Chaudhary	Program Officer	9742426930	sristi.niwfederation@gmail.com
5	Nirmala Thapa Magar	Office Assistance	9849300154	NA

## NIWF Member Organization

S. N.	Name of Org.	Name	Designation	Contact No.	District	Email Address
<b>1</b>	<b>Nepal Bhasa Misha Khala</b>					
		Dharma Shova Tuladhar	Chairperson	9849373113/ 01-5363468	Kathmandu	
		Nirmala Tuladhar	Vice-Chairperson	9841-602250	Kathmandu	
		Prem Hira Tuladhar	Secretary	9841-269111	Kathmandu	
		Padma Laxmi Tamrakar	Sub-Secretary	9841-579108	Kathmandu	
		Purnima Dangol Shakya	Treasurer	9843-050642	Lalitpur	
		Naali Bajracharya	Member	9841-822011	Kathmandu	
		Er. Gargee Pradhan Shrestha	Member	9841-696099	Banasthali	gargeesa@gmail.com
		Sabita Maharjan	Member	98510-83867	Kathmandu	
		Shovana Chitrakar	Member	9841241413		
<b>2.</b>	<b>Nepal Magar Mahila Sangh</b>					
		Hiru Sara RanaMagar	Chairperson	9849806660	Palpa	hirumagar@gmail.com
		Dhan Kumari Rana Magar	Senior Vice Chairperson	9841744664	Kathmandu	
		Phul Kumari Thapa Magar	Bha. Vice Chairperson (12)	9846466535	Kaski	
		Maya Buda RokaMagar	Bha. Vice Chairperson (18)	9847845850	Dang	
		Mangali RokkaMagar	Bha. Vice Chairperson-Kaika	9848304149	Dolpa	
		Devi Thapa Magar	Sa. Vice Chairperson	9845053912	Chitwan	
		Meena Kaucha Magar	General Secretary	9811975845	Nawalparasi	

		Chitra Kala Chhantyal Sherees Magar	Vice-General Secretary	9847635879	Baglung	
		Pritam Kumari Rana Magar	Sangathan Secretary	9846124253	Syangja	
		Dipa Thapa Magar	Sanchar Secretary	9841965468	Lalitpur	
		Nita Kumari Thapa Magar	Bedesh Secretary		Hongkong	
		Krishna Banshi Magar	Public Relation Secretary	9842686474	Surkhet	
		Chanda Thapa Magar	Prasashan Secretary	9848576888	Butwol	
		Sudha Rana Magar	Treasurer	9840094942	Gorkha	
		Lal Maya Thapa Magar	Vice-Treasurer	9808802734	Lalitpur	
		Chunnu Thapa Magar	Central Member	9842165340	Sunsari	
		Phul Maya Rana Magar	Central Member	9863717529	Bhojpur	
		Mina Pulami Magar	Central Member	9852045152	Sunsari	
		Rupa Kumari Rana Magar	Central Member	9849145745	Mahottari	
		Kaushila Devi Lungeli Magar	Central Member	9844392359	Sarlahi	
		Kumari Ale Magar	Central Member		Kathmandu	
		kabita Thapa Magar	Central Member		Rasuwa	
		Tara Raika Magar	Central Member		Ramechhap	
		Juna Rana Magar	Central Member		Dhading	
		Bhim Kala Pulami Magar	Central Member		Nawalpur	
		Rupa Ale Thapa Magar	Central Member		Syangja	

		Madhu Maya Thapa Magar	Central Member		Parbat	
		Sabita Pun Magar	Central Member		Myagdi	
		Bismati Budha Magar	Central Member		Rolpa	
		Thani Maya Somai Magar	Central Member		Palpa	
		Budhu Kumari Somai Magar	Central Member		Pyuthan	
		Peshali Budha Magar	Central Member		Salyan	
		Rekha Kumari Thapa Magar	Central Member		Dailekh (karnali Province-5)	
		Techen RokaMagar	Central Member		Dolpa (karnali Province)	
		Durga Rana Magar	Central Member		Dadeldhura (Sudurpachim Province)	
		Chandra Kali Gharti Magar	Central Member		Doti (Sudurpachim Province)	
		Ganga Thapa Magar	Central Member		Kailali (Sudurpachim Province)	
<b>3.</b>	<b>Sunuwar Mahila Samaj</b>					
		Shova Sunuwar	Chairperson	9843762606	Kathmandu	shovasunuwar8@gmail.com
		Shreejana Sunuwar	Vice Chairperson	9860846514	Okhaldhunga	
		Sapana Sunuwar	Secretary	9843487729	Ramechhap	
		Kamala Sunuwar	Treasurer	9844377804	Okhaldhunga	
		Ganga Kumari Sunuwar	Member	9842827637	Siraha	
		Paru Sunuwar	Member	9849045214	Udayapur	
		Sabitri Sunuwar	Member	9841260820	Bhaktapur	
		Rajina Sunuwar	Member	9862701193	Ramechhap	

		Dev Kumari Sunuwar	Member	9842768884	Ilam	
		Sima Sunuwar	Member	9845077194	Ramechhap	
		Suprima Sunuwar	Member	9803813703	Ramechhap	
<b>4.</b>	<b>Nepal Kirat Rai Mahila Sangh</b>					
		Suja Rai	Chairperson	9841-687490	Ilam	suja2064rai@yahoo.com
		Devjka Rai	Secretary	9841-473485	Khotang	
		Sushila Rai	Treasurer	9801016540	Ilam	shusilgole@yahoo.com
		Khem Kumari Rai	Member	9841-563248	Kathmandu	
		Dil Kumari Rai	Member	9841-527189	Dhankuta	
		Puja Rai	Member	9823544486	Ilam	
		Shushila Rai	Member	0	Khotang	
		Chhila Rai	Member	0	Udayapur	
<b>5</b>	<b>Tharu Mahila Jaagaran Kendra</b>					
		Phulmati Chaudhary	Chairperson	9841345236	Chitwan	actw2022@gmail.com phulmati468@gmail.com
		Sajana Chaudhary	Vice Chairperson	9861964365	Kathmandu	
		Maya Chaudhary	Secretary	9860825957	Kailali	mayakc170@gmail.com
		Rita Chaudhary	Treasurer	9860825957	Lahan	
		Mira Chaudhary	Member	9813763278	Nawalpur	
		Gita Chaudhary	Member	9818558339	Bardiya	
		Laxmi Chaudhary	Member		Sarlahi	
		Manisha Chaudhary	Member		Chitwan	

		Radhika Chaudhary	Member		Dang	
		Shashi Chaudhary	Member		Nepalgunj	
<b>6</b>	<b>Nepal Tamang Mahila Ghedung</b>					
		Ramita Kumari Lama	Chairperson	9841240606	Ramechhap	ramitalama2@gmail.com
		Man Kumari Tamang	Vice-Chairperson	9860470440	Kavrepalanchowk	
		Mayalu Lama Tamang	Secretary	9841848365	Kavrepalanchowk	mayalu.tamang@gmail.com
		Alina Ghising	Treasurer	9843014245	Dolakha	
		Dhan Kumari Lama	Member	9845813612	Chitwan	
		Hira Kumari Tamang	Member	9851164196	Dhading	
		Ishowari Lama	Member	9841574202	Kathmandu	
<b>7</b>	<b>Thakali Mahila Sangh</b>					
		Rina Bhattachan	Chairperson	9841254770	Lalitpur	thakalimahila@gmail.com
		Krishu Gauchan	General Secretary	9841173823	Mustang	krishugauchan@gmail.com
		Kalpana Bhattachan	Treasurer	9841540241	Lalitpur	
		Mamata Gauchan	Member	9846120682	Kaski	
		Rajani Sherchan	Member	9857637878	Mustang	
		Sarmial Tulachan	Member	9857020163	Rupandehi	
		Rumila Sherchan Bhattachan	Member	9849245433	Mygdi	
<b>8</b>	<b>Nepal Majhi Mahila Utthaan Sangh</b>					
		Rita Majhi	Chairperson	9843242905	Ramechhap	nmmus2073@gmail.com ritamajhi97@gmail.com
		Til Kumari Majhi	Vice Chairperson	9844200164	Sindhuli	

		Bimal Majhi	General Secretary	9813310539	Makwanpur	
		Kopila Majhi	Secretary	9844463798	Ramechhap	kopilamaj@gmail.com
		Sunita Majhi	Treasurer	9860015005	Sindhuli	sunitamajhi600@gmail.com
		Bishnu Majhi	Member	9807306282	Morang	
		Anita Majhi	Member	9866663181	Sindupalchowk	anitamajhi803@gmail.com
		Sabitri Majhi	Member	9843797224	Kavrepalanchowk	
		Pratikshya Majhi	Member	9861044419	Ramechhap	
		Rupa Majhi	Member	9813934553	Dhading	
		Anjali Majhi	Member	9847664210	Parbat	
		Radhika Majhi	Member	9813130402	Nuwakot	
		Laxmi Majhi	Member	9860222818	Gorkha	
		Kamali Majhi	Member	9841667536	Makwanpur	
		Pratima Kumari Majhi	Member	9746622022	Sarlahi	
		Sakuntalal Majhi	Program Officer	9840308116	Kavrepalanchowk	majhisakuntala2@gmail.com
<b>9</b>	<b>Nepal Kumal Mahila Samaj</b>					
		Kalpana Kumal	Chairperson	9841460361	Tanahu, KTM	nkcdnepal@gmail.com kalpanakumal@gmail.com
		Bil Kumari Kumal	Vice Chairperson	9846044716	Kaski	checked
		Punya Kumari Kumal	Secretary	9846120544	Gorkha	
		Shanti Budhathoki Kumal	Treasurer	9851193376	Chitwan/ Kathmandu	
		Pratima Kumal	Secretary	0	Chitwan	
		Anita Kumbhakar	Member	0	Pyuthan/ Bhaktapur	
		Martina Kumal	Member	0	Tanahu	
		Renuka Kumal	Member	0	Tanahu	

		Bimala Kumal	Member	0	Gorkha/ Lalitpur	
		Kamala Kumal	Member	0	Tanahu/ Kathmandu	
		Pritika Kumal	Member	0	Jhapa	
<b>10</b>	<b>Walung Mahila Sangh</b>					
		Paljung Lama	Member			
		Mingma Lama	Member			
<b>11</b>	<b>Nepal Gurung (Tam) Mahila Sangh</b>					
		Chandra kala Gurung	Chairperson	9849631132	Kathmandu	
		Santa Maya Gurung	Vice Chairperson	0	Chitwan	
		Hai Kumari Gurnung	Vice Chairperson	9841302786	Lalitpur	
		Dr. Chet Kumari Gurung	General Secretary	9851120261	Khotang	chet.kumari.gurung@gmail.com
		Hari Maya Gurung	Secretary	9851058941	Gorkha	
		Bhal Maya Gurung	Treasurer	9841841741	Sindupalchowk	
		Hom Kumari Gurung	Vice Treasurer	9849325840	Sindupalchowk	
		Lila Devi Gurung	Member	0	Kathmandu	
		Laxmi Gurung	Member	9841225850	Khotang	
		Parbati Gurung	Member	0	Nuwakot	
		Maya Ghale	Member	0	Kathmandu	
		Krishna Ghale	Member	9841839644	Kathmandu	
		Ranju Gurung	Member	9841985566	Kathmandu	
<b>12</b>	<b>Danuwar Mahila Samaj Sudhar Sangh</b>					
		Archana Danuwar	Chirperson	9819975422	Udayapur	archanadanuwar143@gmail.com
		Mina Danuwar	Vice - Chairperson	9816779605	Udayapur	
		Renuka Thapa Danuwar	Secretary	9765742837	Udayapur	
		Amrita Danuwar	Vice Secretary	9842878676	Udayapur	

		Tara Danuwar	Treasurer	9863002830	Udayapur	
		Radha Danuwar	Member	9825788034	Udayapur	
		Kamala Danuwar	Member	9824714422	Udayapur	
		Nirmala Danuwar (A)	Member	9824776174	Udayapur	
		Gyani Danuwar	Member	NA	Udayapur	
		Punam Danuwar	Member	9817746359	Udayapur	
		Yasodha Danuwar	Member	9801528920	Udayapur	
		Sabitra Danuwar	Member	9814738323	Udayapur	
		Kopila Danuwar	Member	9819903156	Udayapur	
		Nirmala Danuwar (B)	Member	9816798994		
		Parbati Danuwar	Member	9842916188		
<b>13</b>	<b>Nepal Sherpa Mahila Sangh</b>					
		Nimi Sherpa	Chair Person	9851032870	Jorpati	atesnimis@yahoo.com
		Pashi Sherpa	Vice Chairperson	9851098899	Jorpati	checked
		Yangdu Sherpa	Vice Chairperson	9841313305	Chakrapath	
		Chheku Sherpa	General Secretary	9860098013	Sankhuwasabha	
		Thakchi Sherpa	Treasurer	9841269712	Solukhumbu	
		Manju Sherpa	Member	9849236001	Sindupalchowk	
		Nima Deki Sherpa	Member	98414583641	Ilam	
		Dali Sherpa	Member	9861605334	Solukhumbu	
		Fur Lamu Sherpa	Member	0	Udayapur	
<b>14</b>	<b>Nepal Pahari Mahila Bikash Sangh</b>					
		Bina Nagarkoti	Chairperson	9841515029	Lalitpur	nagarkotibina67@gmail.com

	Anu Pahari	Vice Chairperson	9841852738	Bara	
	Sanju Nagarkoti	General Secretary	9818438291	Kathmandu	
	Dhan Kumari Pahari	Secretary	9810262183	Rautahat	
	Chanchala Pahari	Treasurer	9860036784	Lalitpur	
	Santa Kumari Nagarkoti	Member	0	Lalitpur	
	Dibya Pahari	Member	0	Lalitpur	
	Sunita Pahari	Member	0	Lalitpur	
	Tara Nagarkoti	Member	0	Lalitpur	
<b>15</b>	<b>Meche Mahila Utthaan Sangah</b>				
	Numa Devi Meche	Chairperson	9825955007	Jhapa	mechenuma@gmail.com
	Pokchi Meche	Senior Vice Chairperson	0	Jhapa	
	Mina Meche	Vice Chairperson	9807952055	Jhapa	
	Mamata Meche	Secretary	9817051140	Jhapa	
	Urmila Meche	Sub-Secretary	9817985118	Jhapa	
	Manju Meche	Treasurer	9816099455	Jhapa	
	Sangita Meche	Member	0	Jhapa	
	Rajkumari Meche	Member	0	Jhapa	
	Simran Meche	Member	0	Jhapa	
	Kamala Meche	Member	0	Jhapa	
	Kamala Meche	Member	0	Jhapa	
<b>16</b>	<b>Rajbanshi Mahila Sangah</b>				
	Sanam Rajbanshi	Chairperson	9804971162/ 9863499172	Jhapa	rajbanshsanam94@gmail.com
	Anju Rajbanshi	Vice Chairperson	9860589772	Kathmandu	
	Sarmila Rajbanshi	Secretary	9843654343	Jhapa	
	Anita Rajbanshi	Sub-Secretary	9816944900	Jhapa	

		Khowati Rajbanshi	Treasurer	9815963355	Jhapa	
		Laxmi Rajbanshi	Member	9805385154	Morang	
		Binita Rajbanshi	Member	9804983728	Jhapa	
		Samma Rajbanshi	Member	9816999755	Jhapa	
		Bimala Rajbanshi	Member	9804955902	Jhapa	
		Mamata Rajbanshi	Member	9823086237	Jhapa	
		Falguni Rajbanshi	Member	0	Morang	
<b>17</b>	<b>Kirat Yakthung Maangena Chumlung</b>					
		Shasi Chemjong	Chairperson	9841343182	Panchthar	
		Krishna Subba	Vice Chairperson	9849223050	Dhankuta	
		Shrijana Subba	General Secretary	9841330475	Taplejung	
		Sabita Chemjong	Secretary	9851225405	Panchthar	
		Bina Innam	Treasurer			
		Ambika Jabegu Aangbo	Member	9841776090	Panchthar	
		Moti Limbu	Member	9841276487	Lalitpur	
		Goma Devi Chemjong	Member	9851215979	Panchthar	
		Netra Chongbang	Member			
		Tika Subba	Coodinator for Province 1	9817084168	Sunsari	
<b>18</b>	<b>Lhomi Mahila Kalyan Manch</b>					
		Chhing Chippa Lhomi	Chairperson	9860470861	Sankhuwasabha	chhinglhomi1978@gmail.com
		Dawa Chippa Bhote	Vice Chairperson	9860999467	Sankhuwasabha	
		Sumi Bhotia	Secretary	9860489047	Sankhuwasabha	
		Sida Bhote	Sub-Secretary	9841698561	Sankhuwasabha	

		Chhe Lhamu Bhote	Treasurer	9741012335	Sankhuwasabha	
		Sijok Lhomi	Vice Treasurer	9860694112	Sankhuwasabha	
		Pimma Bhote	Member	9843815536	Sankhuwasabha	
		Thongjung Bhote	Member	9742127831	Sankhuwasabha	
		Nhijok Bhote	Member	9841723984	Sankhuwasabha	
<b>19</b>	<b>Palden Dolpo Mahila Sangh</b>					

		Pemba Yangzom Ghale	Chairperson			
		Pasang Lhomu Ghale	Secretary			
		Sonam Palden Ghale	Treasurer			

<b>20</b>	<b>Mugal Adivasi Janajati Mahila Utthaan Sanstha</b>					
		Toma Lama	Chairperson			
		Kansyar Tamang	Vice Chairperson			
		Lenjyam Tamang	Secretary			
		Mingjung Tamang	Treasurer			
		Ghangsyar Lama	Member			
		Sangmu Tamang	Member			
		Chhorten Lama Tamang	Member			

<b>21</b>	<b>Byasi Sauka Mahila Sangh</b>					
		Pushpa Budhathoki Byasi	Chairperson	9849256787	Darchula	pushpa.budhathoki111@gmail.com
		Sumitra Bohora Byasi	Vice-Chairperson	9841380106	Darchula	
		Kamini Bohora Byasi	Treasurer	9860234623	Darchula	
		Tara Bohora Byasi	Secretary	9849700767	Darchula	
		Saraswati Bohora Byasi	Sub-Secretary	9841970935	Darchula	

		Meena Bohora Byasi	Member	9841310450	Darchula	
		Babita Bohora Byasi	Member	9843021235	Darchula	
		Sunita Bohora Byasi	Member	9841346044	Darchula	
		Pushpa Lala Byasi	Member	9841346044	Darchula	
		Santoshi Eitawal Byasi	Member	9813596384	Darchula	
<b>22</b>	<b>Nepal Chhantyal Mahila Sangh</b>					
		Tham Maya Chhantyal	Chairperson	9851012231	Kathmandu	chhantyal77mahilaa@gmail.com
		Jokh Kumari Chhantyal	Vice Chairperson	9851010806	Kathmandu	
		Nar Kumari Chhantyal	Vice Chairperson Province 3	9849118996	Kathmandu	
		Nar Kumari Gharabja	Vice Chairperson Province 4	9813337567	kaski	
		Bima Chhantyal	Vice Chairperson Province 5	9807443428	Rupandehi	
		Shanta Kumari Chhantyal	General Secretary	9841390607	Kathmandu	
		Dev Mati Chhantyal	Secretary	9860634619	Kathmandu	
		Hira Moti Chhantyal	Treasurer	9841092490	Kathmandu	
		Chandra Kumari Chhantyal	Vice Treasurer	9841171512	Kathmandu	
		Nar Maya Chhantyal	Member	9808144622	Kathmandu	
		Bhumika Chhantyal	Member	9864532017	Kathmandu	
		Man Kumari Chhantyal	Member	9860424149	Baglung	
		Gyan Devi Chhantyal	Member	9867640386	Baglung	
		Bel Maya Chhantyal	Member	9841266592	Kaski	

		Man Maya Chhantyal	Member	9867640386	Dang	
		Sita Chhantyal	Member	9867359661		
		Nar Maya Chhantyal	Member	9806281426		
<b>23</b>	<b>Barhagaun Chhimighyarcha Mahila Samaj Sewa</b>					
		Tasi Syangmo Gurungseni	Chairperson	9851100754	Mustang	tashi3248@yahoo.com
		Tsering Youten Gurung	Vice Chairperson	01-4890090	Mustang	
		Tsering Bhuti gurung	Secretary	9841416886	Mustang	
		Mhendo Gurung	Treasurer		Mustang	
		Tashi Gurung	Member		Mustang	
		Kulshan Gurung	Member		Mustang	
		Bhulik Gurung	Member		Mustang	
		Chhaykta Gurung	Member		Mustang	
		Namtang Gurung	Member		Mustang	
		Bhulik Thakuri	Member		Mustang	
<b>24</b>	<b>Tajpuriya Mahila Utthaan Sangh</b>					
		Sumitra Tajpuriya	Chairperson	9842091285	Morang	sumitratajpuriya@gmail.com
	2069/03/32	Prabha Tajpuriya	Vice Chairperson	9816006768	Jhapa	
		Ramma Tajpuriya	Secretary	9814363770	Morang	
		Kachali Tajpuriya	Sub-Secretary	9806014853	Jhapa	
		Dipa Kumari Tajpuriya	Treasurer	9807350569	Morang	
		Lagani Tajpuriya	Member	9746976368	Morang	
		Sharmila Tajpuriya	Member	9803330072	Morang	
		Sarawoti Tajpuriya	Member	9804067609	Morang	

		Bimala Tajpuriya	Member	0		
<b>25</b>	<b>Bhujel Mahila Samaj</b>					
		Basundhara Gharti	Chairperson	9856004440	Tanahu	ghartibasundhara@gmail.com
		Dhak Maya Bhujel	Senior Vice Chairperson	9806660075	Kaski	
		Bhakta Kumari Bhujel	Vice Chairperson	9841093767	Kathmandu	
		Ambika Bhujel	General Secretary	9851072113	Kavrepalanchowk	
		Sita Bhujel	Secretary	9844404790	Mahottari	
		Indu Khawas	Secretary	9842664430	Jhapa	
		Saraswoti Bhujel	Secretary	9849311518	Kavrepalanchowk	
		Yak Maya Bhujel	Secretary	9847421134	Rupandehi	
		Bhawana Bhujel	Treasurer	9843252983	Solukhumbu	
		Saraswoti Bhujel	Member	9817154332	Tanahu	
		Sushma Bhujel	Member	9847283703	Rupandehi	
		Sun Kumari Bhujel	Member	9846139535	Kaski	
		Indira Bhujel	Member	9819169563	Morang	
		Bina Devi Bhujel	Member	9842757109	Ilam	
		Om Kumari Bhujel	Member	9851143806	kavrepalanchowk	
		Sarita Bhujel	Member	9766331093	Sarlahi	
		Sita Bhujel	Member	9862577214	Nuwakot	
		Ganga Bhujel	Member	9804497657	Nawalpur	Nuwakot
<b>26</b>	<b>Jirel Mahila Samaj Sewa</b>					
		Shanti Jirel	Chairperson	9843550080	Dolakha	
		Tika Maya Jirel	Vice Chairperson	9841946079	Dolakha	
		Tulsashi Jirel	Vice Chairperson	9741110329	Dolakha	
		Man Maya Jirel	Secretary	9741095160	Dolakha	

		Shanti Jirel	Treasurer	9741129590	Dolakha	
		Sarita Jirel	Member	9843708269	Dolakha	
		Shasikala Jirel	Member	9841961292	Dolakha	
		Sanu Maya Jirel	Member	9813371595	Dolakha	
		Sanu Jirel	Member	9841213516	Dolakha	
<b>27</b>	<b>Nepal Gangai Mahila Parishad</b>					
		Aasa Kumari Sardar	Chairperson	9849271663/ 9811026212	Morang	aashasardar26212@gmail.com
		Anita Kumari Ganesh	Vice-Chairperson	9814071466	Jhapa	
		Aditi Mandal	Vice-Chairperson	9804396734	Morang	
		Sarika Mandal	General Secretary	9803061450	Morang	
		Sita Mandal	Treasurer	9824347868	Morang	
		Manju Ganesh	Vice-Treasurer	9804932972	Jhapa	
		Sanilata Ganesh	Member	9810459077	Jhapa	
		Paro Mandal	Member	9802797090	Morang	
		Sulekha Mandal	Member	9817378125	Morang	
		Manjita Ganesh	Member	9827959739	Jhapa	
		Usha Ganesh	Member	9825975317	Jhapa	
<b>28.</b>	<b>Dhanuk Mahila Samaj</b>					
		Bina Kumari Mandal	Chairperson	9819767602	Siraha	binamandal007@gmail.com
		Kiran Kumari Mandal	Vice Chairperson	9803147139	Kathamndu	
		Priti Adhikari	General Secretary	9804852495	Saptari	
		Anjali Kumari Mandal	Secretary	NA	Kathamndu	
		Prakas bati Dhanukail	Treasurer	9821789325	Siraha	
		Puja Mnadal	Member	NA	Mahottari	
		Kajal Kumari Mandal	Member	9819955262	Saptari	

<b>29.</b>	<b>Dura Mahila Samaj</b>				
	Nar Maya Dura	Chairperson	9849202830	Lamjung	duramahilasamaj@gmail.com/ duraneeru11@gmail.com
	Manju Dura	Vice Chairperson		Lamjung	
	Shanti Dura	Secretary	9841404009	Lamjung	
	Chandra Maya Dura	Sub-Secretary		Lamjung	
	Dilu Dura	Treasurer	9846185847	Lamjung	
	Ram Maya Dura	Member		Tanahu	
	Dil Maya Dura	Member		Lamjung	
	Basanti Dura	Member		Lamjung	
	Sita Dura	Member		Lamjung	
	Kopila Dura	Member		Chitwan	
	Krishna Dura	Member		Tanahu	
	Kopila Dura	Member	9845153653		
	Basanti Dura	Member	9846139202		
	Januka Dura	Member	9845567595		
<b>30.</b>	<b>Nepal Chepang Mahila Sangh</b>				
	Sharmila Chepang	Chairperson	9849289376	Makwanpur	
	Dhan Kumari Chepang	Vice Chairperson	9811879697	Makwanpur	
	Kamala Chepang	Secretary	9845449254	Dhading	kamalapraja7@gmail.com
	Sita Chepang	Treasurer	9818257594	Chitwan	
	Solti Maya Chepang	Member	9818257595	Chitwan	
	Nisha Chepang	Member	9863403211	Chitwan	
	Shanti Chepang	Member	9841989593	Dhading	
	Santoshi Chepang	Member	9863896356	Dhading	
	Samjhana Chepang	Member	9825215891	Makwanpur	
<b>31.</b>	<b>Dhimal Mahila Sangh</b>				
	Manju Dhimal	Chairperson	9841364691	Jhapa	dhimalmanju7@gmail.com

		Ramaula Devi Dhimal	Vice Chairperson		Jhapa	
		Benuka Dhimal	Secretary		Jhapa	
		Ielina Dhimal	Sub-Secretary		Jhapa	
		Nirmala Dhimal	Treasurer		Morang	
		Kalpana Dhimal	Member		Jhapa	
		Ranju Dhimal	Member		Morang	
		Budhanai Maya Dhimal	Member		Morang	
		Bijayata Dhimal	Member		Jhapa	
<b>32.</b>	<b>Yakkhama Yapsen</b>					
		Indira Jimi	Chairperson	9841567112	Sankhuwasabha	indirajimee@yahoo.com
		Sashi Kala Dewan	Vice Chairperson	9841443189	Ilam	
		Junita Rai	Secretary	9841581238	Dhankuta	
		Devi Maya Limbu Dewan	Treasurer	9841192386	Lalitpur	
		Puspa Lata Jimi	Member	9869123469	Sankuwasabha	
		Bimala yakhha	Member	01-4108278	Kathmandu	
		Dibya Jimi	Member	9813825809	Sankhuwasabha	
<b>33.</b>	<b>Nepal Baram Mahila Sangh</b>					
		Mina Baram	Chairperson	9841123217	Gorkha	
		Jyoti Baram	Vice Chairperson	9849516745	Gorkha	
		Reena Baram	Secretary	9849850541	Gorkha	reenabaramu1@gmail.com
		Koplia Baram	Treasurer	9849306245	Gorkha	
		Bal Kumari Baram	Member	0		
		Gita Baram	Member	9849534940	Gorkha	
		Ram Maya Baram	Member	0		
		Sabitri Baram	Member	9806738458	Gorkha	

		Tenjila Baram	Member	9860204047	Dhading	
<b>34.</b>	<b>Nepal Thami Mahila Samaj</b>					
		Nanu Thami	Chairperson	9860373263	Dolakha	nanuthami18@gmail.com
		Kusum Thami	Vice Chairperson	9845818665	Makwanpur	
		Kalyani Thami	General Secretary	9861848834	Dolakha	
		Chandra Maya Thami	Treasurer	9803474007	Dolakha	
		Krishna Kumari Thami	Secretary	9860493130	Sindupalchowk	
		Gita Thami	Member	NA	Bhojpur	
		Anita Thami	Member	NA	Sindupalchowk	
<b>35.</b>	<b>Nepal Yolmo Woman Association</b>					
		Furba Shangmo Lama Yolmopa	Chairperson	9861602586	Jorpati	nepalyolmowomenassociation@gmail.com
		Lamo Tamang Yolmopa	Senior Vice Chairperson	9840361299	Makalbari	
		Kali Tamang Yolmopa	Vice Chairperson	9841372225	Attarkhel	
		Mona Lama Yolmopa	General Secretary	9860582446	Attarkhel	
		Keshang Lama Yolmopa	Secretary	9841663594	Besigaun	
		Mithu Lama Tamang Yolmopa	Sub-Secretary	9849590113	Attarkhel	
		Buddha Maya Lama Yolmopa	Treasurer	9861352069	Bauddha	
		Purni Lama Yolmopa	Vice-Treasurer	9860951423	Dakchindhoka	
		Tokali Lopchan Yolmopa	Member	9843941094	Attarkhel	
		Nima Lama Yolmopa	Member	9841164320	Attarkhel	
<b>36.</b>	<b>Surel Jati Mahila Utthan Samaj</b>					
		Saraswoti Surel	Chairperson		Dolakha	
		Radhika Surel	Vice Chairperson		Dolakha	
		Pramila Surel	Secretary		Dolakha	

		Chini Maya Surel	General Secretary		Dolakha	
		Sita Surel	Treasurer		Dolakha	
		Bhim Maya Surel	Member		Dolakha	
		Anjana Surel	Member		Dolakha	
		Kalyani Surel	Member		Dolakha	
		Devi Maya Surel	Member		Dolakha	
<b>37.</b>	<b>Nepal Jhagad Mahila Sangh</b>					
		Anju Kumari Uraw	Chairperson	9815337232	Sunsari	urawarjan@gmail.com
		Sashikala Devi Uraw	Vice Chairperson	9814382448	Sunsari	
		Prem Lata Kumari Uraw	Secretary	9804325427	Sunsari	premlatauraw@gmail.com
		Lila Devi Uraw	Sub-Secretary		Sunsari	Checked
		Ram Pyari Devi Uraw	Treasurer	9806346404	Sunsari	
		Nira Devi Uraw	Member		Sunsari	
		Radha Devi Uraw	Member	9806346428	Sunsari	
		Anju Devi Uraw	Member		Sunsari	
		Sanjula Devi Uraw	Member		Sunsari	
		Lalita Devi Uraw	Member		Sunsari	
<b>38.</b>	<b>Nepal Bhote Janajati Mahila Sangh</b>					
		Parbati Devi Bhote	Chairperson			
		Pema Gurung Bhote	Vice-chairperson			
		Chhiring Chhuti	Secretary			
		Kuwar Bhote	Treasurer			
		Tani Thapa Bhote	Member			

		Hiukala Gurung Bhote	Member			
		Dhansara Gurung Bhote	Member			
		Nandi Budha Bhote	Member			
		Domas Bista Bhote	Member			
<b>39.</b>	<b>Nepal Darai Mahila Samaj</b>					
		Bindu Darai	Chairperson	9845840582	Chitwan	bindudarai166@gmail.com
		Dipa Darai	Vice Chairperson	9865199336	Chitwan	
		Iaxmi Devi Darai	Secretary	9865199336	Chitwan	
		Laxmi Darai	Treasurer	9845246033	Chitwan	
		Maiya Darai	Member	0	Chitwan	
		Niru Darai	Member	9845114594	Chitwan	
		Pamfa Darai	Member	0	Chitwan	
<b>40.</b>	<b>Kusunda Mahila Bikash Samaj Nepal</b>					
		Hima Kusunda	Chairperson	9849439270	Puythan	himakusunda@gmail.com
	2079/ 2/5	Mena Kusunda	Vice Chairperson	9809709319	Dang	
		Fani Kusunda	Secretary	9812839212	Dang	
		Sarmila Kusunda	Treasurer	9810961438	Dang	
		Ishowari Kusunda	Member	9829557622	Dang	
		Santoshi Kusunda	Member	9808303151	Dang	
		Yam Kumari Kusunda	Member	9806255988	Dang	
<b>41.</b>	<b>Bankariya Mahila Bikash Sangh</b>					
		Maya Bankariya	Chairperson		Makwanpur	
		Bimala Bankariya	Vice Chairperson		Makwanpur	
		Susmita Bankariya	Treasurer		Makwanpur	

		Santoshi Bankariya	Secretary	9865454386	Makwanpur	santoshbankaria@gmail.com
		Santa Maya Bankariya	Member		Makwanpur	
		Thuli maya Bankariya	Member		Makwanpur	
		Sabitri Bankariya	Member		Makwanpur	
<b>42. Tokpegola Mahila Samaj Sewa Samiti</b>						
		Lakpa Hise Sherpa	Chairperson	9813405123		
		Tendila Sherpa	Vice Chairperson	9818642183		
		Bhutiya Sherpa	Secretary			
		Pemba phuti Sherpa	Vice Secretary			
		Fumjong Sherpa	Treasurer			
		Lakpa Sherpa	Member			
		Pasang Sherpa	Member			
		Nangsang Sherpa	Member			
		Lakpa Sherpa	Member			
<b>43. Nepal Bote Mahila Samaj</b>						
		Bina Bote	Chairperson	9845144873	Chitwan	
		Chandra Kala Bote	Vice Chairperson	9810062627	Chitwan	
		Rachana Bote	Secretary	9823085981	Chitwan	
		Sharda Bote	Treasurer	9821111899	Chitwan	
		Gita Bote	Member	0	Chitwan	
		Sarita Bote	Member	0	Chitwan	
		Laxmi Bote	Member	0	Chitwan	
<b>44. Raji Mahila Samaj</b>						
		Basmati Raji	Chairperson	9848663055	Kanchanpur	rajibasmati@gmail.com
		Puspa Raji	Vice Chairperson	9869952020	Surkhet	
		Man Kumari Raji	Secretary	9848002380	Surkhet	
		Sabitra Raji	Sub-Secretary	9860504970	Kailali	

		Bindu Raji	Treasurer	9829601654	Bardiya	
		Kumari Raji	Member	0	Kanchanpur	
		Sarita Raji	Member	0	Bardiya	
		Sarmila Raji	Member	0	Surkhet	
		Pabitra Raji	Member	0	Surkhet	
<b>45. Nepal Hayu Mahila Samaj</b>						
		Kumari Hayu	Chairperson	9844286935	Ramechhap	
		Bhadra Kumari Rai	Vice-Chairperson	9844442629	Sindhuli	
		Sita Hayu	Treasurer	9844082860	Sindhuli	
		Gita Hayu	Secretary	9864104866	Sindhuli	
		Sunita Maya Hayu	Member	9807638703	Sindhuli	
		Ambika Hayu	Member	9840025711	Ramechhap	
		Manisha Hayu	Member	9811406891	Sindhuli	
		Bimalal Hayu	Member	9860039817	Kavrepalanchowk	
		Shobha Hayu	Member	047-521019	Sindhuli	
<b>46. Nepal Kisan Aadibasi Mahila Samaj</b>						
		Raj Mani Kisan	Chairperson			
		Bina Kisan	Vice Chairperson			
		Rina Kisan	Secretary			
		Parwoti Kisan	Sub-Secretary			
		Kamali Kisan	Treasurer			
		Mina Kisan	Member			
		Sabita Kisan	Member			
		Ranjita Kisan	Member			
		Nirmala Kisan	Member			
<b>47. Nepal Raute Mahila Bikash Sangh</b>						
		Dipa Raute	Chairperson	9813268223		
		Bhagarati Raute	Vice Chairperson			
		Dipa Devi Raute	Treasurer	9849811114		
		lal Mati Devi Raute	Member			
		Manrupa Devi Raute	Member			

		Batuli Devi Raute	Member			
		Batu Raute	Member			
<b>48.</b>	<b>Nepal Satnthal Adibasi Mahila Utthan Samiti</b>					
		Madira Kisku	Chairperson	9805129316		kiskumandira@gmail.com
		Sharmila Hemram	Vice Chairperson			
		Sharmila Soren	Secretary			
		Kabita Soren	Sub-Secretary			
		Sukarmani Besa Sathar	Treasurer			
		Anita Hasda Satar	Member			
		Menuka Hasda	Member			
		Bimala Soren	Member			
		Sumitra Hemran	Member			
		Surajmani Tudu	Member			
		Mina Tudu	Member			
<b>49.</b>	<b>Tingaule Thakali</b>					
		Rubina Thakali	Chairperson	9804125648	Mustang	
		Young Kumari Thakali	Vice Chairperson	9846574971	Mustang	
		Sabita Thakali	Secretary	9846590460	Mustang	sabitathakali4@gmail.com
		Urmila Thakali	Sub-Secretary	9861000217	Mustang	
		Lal Kumari Thakali	Treasurer	9846500714	Mustang	
		Manju Thakali	Member	9844901609	Mustang	
		Roji Thakali	Member	9846342865	Mustang	

## Province Coorination Council (PCC) Name list

Province	S. N.	Name	Address	Position	Contact No.	General Assembly Date	Venue
Province-1	1	Dropati Ganesh	Jhapa	Chairperson	9804966029	18 Poush 2082 (2 January 2026)	Birtamod, Jhapa
	2	Rekha Bhujel	Morong	Vice Chairperson	9807399428		
	3	Dev Kumari Rai	Itahari	Secretary	9807377603		
	4	Anju Kumari Uraw	Sunsari	Vice Secretary	9810053419		
	5	Ranjana Meche	Jhapa	Treasurer	9816017347		
	6	Mamata Rajbanshi	Jhapa	Member	9842622590		
	7	Ful Maya Tamang	Jhapa	Member	9823086237		
	8	Sunita Kumari Tajpuriya	Jhapa	Member	9816997247		
	9	Sabina Dhimal	Jhapa	Member	9817068837		
Madesh Pradesh-2	1	Sita Bhujel	Mahotari	Chairperson	9812041596		
	2	Tara Rai Magar	Mahotari	Vice Chairperson	9840909377		
	3	Urmila Shrestha	dhanusha	Treasurer	9844022835		
	4	Samta singh danuwar	Sharlahi	Secretary	9822013360		
	5	Shanti Parahi	Bara	Secretary	9845843802		
	6	Dorpati Chaudhary	Siraha	Member	9803256629		
	7	Prem Kumari Chaudhary	Saptari	Member	9804760737		
	8	Shel Kumari Chaudhary		Member			

Bagmati province-3	1	Devi Maya Limbu (Dewan)	Lalitpur	Chairperson	984-1192386	11 Poush 2082 (26 December 2025)	Hetauda, Makwanpur
	2	Janaki Chaudhary	Makwanpur	Vice Chairperson	984-5041025		
	3	Pratikshya Majhi	Ramechhap	Secretary	9861044419		
	4	Sanu Maya Gurung	Sindupalchowk	Vice Secretary	984-3371545		
	5	Radha karanjit	Lalitpur	Treasurer	9841898531		
	6	Maina Danuwar	Kavrepalanchowk	Member	9841005828		
	7	Bina Bote	Chitwan	Member	984-5144873		
	8	Manju Sherpa	Kathmandu	Member	9849236001		
	9	Ram Kumari Thami	Makwanpur	Member	9811827773		
Gandaki Province-4	1	Dil Maya Gurung		Chairperson	9856020929		Kaski
	2	Noma Thapa Magar		Vice Chairperson	9846770789		
	3	Milan Bhujel		Secretary	9846087944		
	4	Bhagawoti Shrestha		Vice Secretary	9856060021		
	5	Chan Subba Chhantyal		Treasurer	9851129689		
	6	Devi Dura		Member	9846658655		
	7	Saraswoti Lama		Member	9816141025		
	8	Anjana Tamang		Co-Secretary	9846731585		
	9	Bil Kumari Kumal		Member	9846044716		

Lumbini Province-5	1	Tulsa Rana	Palpa	Chairperson	985-7060664	15 Bhadra 2082 (31 August 2025)	Ghorahi, Dang
	2	Dhan Kumari Tharu	Rupandehi	Vice Chairperson	9860385105		
	3	Iraddha Jhakri Magar	Dang	Secretary	9866993735		
	4	Santoshi Shrestha	Palpa	Vice Secretary	9847221499		
	5	Lalita Tharu	Banke	Treasurer	9848096123		
	6	Devi Thapa	Rupandehi	Member	9821569234		
	7	Kamala Kusunda	Dang	Member	9868620244		
	8						
	9						
Kamali Province-6	1	Rita Pun Magar	Jajarkot	Chairperson	984-5741218	14 Bhadra 2082 (30 August 2025)	Birendranagar, Surkhet
	2	Tila Shrestha	Surkhet	Vice Chairperson	9848047117		
	3	Rama Thapa Magar	Dailekh	Secretary	9848037903		
	4	Keshari Shrestha	Salyan	Vice Secretary	9847844010		
	5	Sapana Pun Magar	West-Rukum	Treasurer	9803843914		
	6	Srishti Lamichhane Magar	Surkhet	Member	9826563948		
	7	Dipa Khadka Magar	West-Rukum	Member	9868914062		
	8	Aaradhana Singh Lama	Surkhet	Member	9860610366		
	9						

Sudur Paschim Province-7	1	Usha Thapa Magar	Chairperson	9849318388	
	2	Sabita Majhi	Vice Chairperson	9863692526	
	3	Indra Maya Tamang	Secretary	9848420309	
	4	Pramila Rai	Secretary	9800608333	
	5	Aarati Kumari Rai	Treasurer	981466725	
	6	Mina Shrestha	Member	9860651130	

## District Coordination Councils

S. N.	Name of Member	Designation	Contact No. & Email Address
<b>1.</b>	<b>Ilam</b>		
	Muna Gole	Chairperson	9862607003
	Gyanu Kaji	Senior Vice-chairperson	9824926951
	Bal Kumari Dewan	Vice Chair	9842627388
	Devi Mukhiya	Secretary	9842635026
	Budha Chyoimi	Vice Secretary	9842777901
	Sarala Yolmu	Treasure	9807910616
	Sangita Thami	Member	9844614703
	Pupa Rai	Member	9842765813
	Susma Sherpa	Member	9814942111
	Pabitra Bhujel	Member	9814900119
	Utam lata Shrestha	Member	9841307265
<b>2.</b>	<b>Udayapur</b>		
	Sanja Danuwar	Chairperson	9743039602
	Chuna Thapa magar	Vice-Chairperson	9807701840
	Sunita Chaudhary	Secretary	9842840524
	Bimala rai	Treasurer	9842825115
	Januka Sherpa	Member	9842811071
	Tulasha Sunuwar	‘	9842862193
	Sunita Majhi	‘	9842891397

	Rama Bhujel	‘‘	9842837813
	Kabita Bote	‘‘	9841-853222
<b>3.</b>	<b>Sindhuli</b>		
	Shantawana Sunuwar	Chairperson	9844041347/9745202119 Santona_25@yahoo.com
	Kumari Ale Magar	Vice –Chairperson	047-690135/9844094622
	Anita Majhi	Secretary	047-520611/047-520576
	Rita Kumari Danuwar	Treasurer	9844040392
	Urmila Rai	Member	9844040045
	Sunita Majhi	Member	
	Alisha Lama	Member	047-520585
	Binita Rana Magar	Member	047-690332/9844075502
	Panchi Danuwar	Member	
	Bimala Sunuwar	Member	047-520501
	Dil Maya Thami	Member	
<b>4.</b>	<b>Okhaldhunga</b>		
	Hema Lachhi Rai	Chairperson	9862808064
	Padma Kumari Gurung	Vice –chairperson	9863865552
	Ram Kumari Gurung (Bhujel)	Secretary	9862605172
	Soni Tamang	Sub-Treasurer	9862629873
	Manisha Rai (A)	Member	9803215101
	Om Maya Bhujel	Member	9863232455
	Moti Maya Rai	Member	98360333765
	Kamala Tamang	Member	9861459341
	Manisha Rai (B)	Member	9842940075
<b>5.</b>	<b>Chitawan</b>		
	Bhaikhu Gurung	Chairperson	98451-40175
	Sunita Chaudhary	Vice-chairperson	9845114526
	Bharati Dura	Secretary	9845245478/durabharati41@ gmail.com
	Manisha Thapa Magar	Vice –Secretary	9845206795
	Goma Darai	Treasurer	9845218305
	Sushma Tamang	Vice-Treasurer	9845218305
	Rekha Khandangwa Limbu	Member	9845141157
	Bina Bote	Member	9845144837
	Kopila Kumal	Member	9845086782

	Sita Lama	Member	9845056585
	Laxmi Baram	Member	9845196329
	Januka Bhujel	Member	9845200211
	Sakuntala Shrestha	Member	9845197435
<b>6.</b>	<b>Tanahu</b>		
	Kasha Rana Magar		
	Jamuna Darai		
	Pabitra Thapa Magar		
	Anita Dura		
	Sita Gurung		
	Sushila Kumal		
	Sarita Shrestha		
	Meena Thapa		
	Bhabi Tamang		
	Rina Bote		
	Bindu Maya Chepang		
<b>7.</b>	<b>Myagdi</b>		
	Sabita Pun Magar	Chairperson	9847624160
	Maya Chhantyal	Secretary	9847627383
	Pushpa Shrestha	Vice-secretary	9847633912
	Sirjana Bhattachan	Treasurer	9857640052 sirjana_bhattachan@yahoo.com
	Bhanu Tilija Magar	Member	9847624120
	Sadhana Shrestha	Member	9857640104
<b>8.</b>	<b>Kathmandu</b>		
	Dharmasobha Tuladhar	Chairperson	014-4263468
	Sushila Gole Rai	Vice-Chairperson	9851016540/9841-329044 gole_sishila@yahoo.com
	Dikki Hyolmo	Treasurer	9841568322/9813335664
	Dimit Lepcha	Member	98036768828
	Shova Lama	Member	
	Purnakala Rai	Member	9808004270
	Manisha Sunuwar	Member	
	Mausami Gurung	Member	9841-143481
	Hira Rana Magar	Member	
<b>9.</b>	<b>Nuwakot</b>		
	Sarmila Thapa Magar	Chairperson	9851187424



	Aruna Bhujel	Secretar	9841992400
	Laxmi Kumari Pradhan	Vice Secretary	9841671994
	Inju Rai	treasurer	980639959
	Durga maya Tamang	Member	98410887480
	Nilu Ghale	Member	9818300906
	Sushila Waiba Tamang	Member	9841086623
	Saru Thapa Magar	Member	960549646
	Lal Maya Ghale	Member	
	Laxmi Majhi	Member	
	Santoshi Tamang	Member	9841021352
	Devi Maya Barakoti Magar	Member	9819899019
	Kami Dolma Shrepa	Member	9860056550
	Ranju Rai		9860634886
	Shanti Bhujel		9849546127
	Ganesh Kumari Kumal		9851129060
	Shova Majhi		9841144568
<b>10.</b>	<b>Dolakha</b>		
	Tara Lama	Chairperson	
	Pramila Shrestha	Vice-chairperson	9744000942
	Devi Bhujel	Secretary	9844186374/devidolakha@gmail.com
	Ganga Magar	Treasurer	9741181260
	Rani Maya Thami	Member	9844054465
	Susmita Majhi	Member	9807848975
	Lila Gurung	Member	9844145650
	Susmita Sunuwar	Member	9844196751
	Sangmu Sherpa	Member	9844146495
	Pramila Kumal	Member	9844195835
<b>11.</b>	<b>Dhankuta</b>		
	Parbati Rai	Chairperson	9842156768
	Purna Khadgi	Vice-Chairperson	026-521119
	Kalpana Magar	Secretary	
	Bimala Chemjong	Treasurer	
	Nirmala Chemjong	Member	
	Tulasa Tamly	Member	
	Lal Kumari Rai	Member	
	Bisnu Limbu	Member	

	Ganga Limbu	Member	
	Anjana Tamly	Member	
	Purna Khadgi	Member	
	Kalpana Magar	Member	
<b>12.</b>	<b>Morang</b>		
	Chandrakala Magar	Chairperson	9842072221
	Basanti Rai	Vice-chairperson	
	Durga Maya Bhujel	Secretary	
	Kalpana Majhi	Vice –Secretary	
	Bal Kumari Lama	Treasurer	021-555037/9742001048
	Manju Maya Thami	Member	
	Kamala Muduwari	Member	
	Indira Dhimal	Member	
	Sisma Tembe	Member	
	Sonu Shereth	Member	
	Rama Chaudhary	Member	
	Sharda Gurung	Member	
	Sukra Yakkha Chumma	Member	
	Meena Murmu	Member	
	Indira Devi Urab	Member	
	Maya Danuwar	Member	
<b>13.</b>	<b>Bardiya</b>		
	Rachana Chaudary	Chairperson	9848066059/9848352446
	Bishnu Thapa	Vice-Chairperson	9844880546
	Kiran Chaudhary	Secretary	9868082107
	Niru Tharu	Treasurer	9868086144
	Laxmi Gurung	Member	9848176469
	Ramkrishni Tharu	Member	9848097995
	Meena Raaji	Member	9848101021
	Anju Chaudhary	Member	9814548343
	Ramakush Bandhiya	Member	
<b>14.</b>	<b>Rasuwa</b>		
	Rubina Tamang	Chairperson	9808514057
	Rita Magar	Vice-Chairperson	9808487346
	Lhenjom Tamang	Secretary	9741016526
	Indira Gurung	Treasurer	9808890670
			010-670066/9741186522

<b>15.</b>	<b>Ramechhap</b>		
	Sumitra Moktan	Chair Person	9744007805
	Bimala Thami	Vice Chair Person	9844142581
	Rupa Magar	Secretary	9844212511
	Samjhana Bhujel	Vice Secretary	9844212547
	Bimala Sunuwar	Treasurer	9813152530
	Bimala Hyolmo	Member	9844194840
	Kamala Thami	Member	9803538724
	Harsana Pahari	Member	9844142084
	Sita Gurung	Member	
<b>16.</b>	<b>Nawalpur</b>		
	Khagisara Gurung	Chairperson	9857040545
	Jyoti Darai	Vice-Chairperson	9847074882
	Devisara Pulami Magar	Secretary	9857041503
	Dil Maya Shrestha	Vice-Secretary	
	Anju Choudhary	Treasurer	
	Lalu Maya Darlami	Member	
	Kala Bhujel	Member	
	Parbati Gurung	Member	
	Kamala Shrestha	Member	
	Mina Bote	Member	
<b>17.</b>	<b>Rupandehi</b>		
	Tara Thapa Magar	Chairperson	9841-022367/9841-022367
	Nanu Chhantyal	Vice-Chairperson	071-550012
	Krishna Kumari Chaudhary	Secretary	98044-58958
	Junu Gauchan	Treasurer	9849-433904 junugauchan@gmail.com
	Hommaya Gurung	Member	9847137104/071-548901
<b>18.</b>	<b>Palpa</b>		
	Saundarya Shakya	Chairperson	9847047835/075-520253
	Lal Kumari Rana	Vice-Chairperson	98470-29302
	Bhagawati Gaha Magar	Vice-Secretary	
	Bina Pulami Magar	Treasurer	98470-98363
	Bishnu Maya ThapaMagar	Member	9847118889
	Rashmi Shakya	Member	9847067538
<b>19.</b>	<b>Bhojpur</b>		

	Sirjana Rai	Chairperson	9842115533/9818856068/029-420309 raisiju@gmail.com
	Laxmi Tamang	Vice-Chairperson	97420-14018
	Tila Ale Magar	Secretary	98423-92240
	Dil Kumari Bhujel	Vice-Secretary	9842392717
	Dawaj yangbu Sherpa	Treasurer	9813096154/029-420016
	Binda Gurung	Member	9842138759
	Uma Pradhan	Member	9807308507
	Lata Magar	Member	9842230878
<b>20.</b>	<b>Dolpa</b>		
	Mangali Rokaya	Chairperson	087-55008/9848303589
	Chhuwalamu Rokaya	Vice-Chairperson	087-550166
	Ranjita Shrestha	Secretary	087550046/9848031290
	Indira Pun	Vice-Secretary	087-550070
	Man Kumari Hirachan	Treasurer	087-550110
	Nima Rana	Member	
	Basara Rokaya	Member	
	Urmila Gurung	Member	
	Rupa Gurung	Member	
<b>21.</b>	<b>Kaski</b>		
	Ful Kumari Thapa	Chairperon	984646653
	Raj Kumari Bhujel	Formar Chairperson	9846354050
	Min Maya Tamang	Vice Chairperson	9846113993
	Shanti Udash	Secretary	9846061993
	Sumitra Dura	Vice Secreatry	9846336843
	Bishnu Hyolmo	Treasurer	9846026896
	Rama Rai	Member	9846043940
	Samundra Bhujel	Member	9846069320
	Basanti Kumal	Member	9846940515
	Prem Kumari Gurung	Member	9846208962
	Sabitri Chhantyal	Member	9846061993
	Sabi Serchan	Member	9846216985
<b>22.</b>	<b>Banke</b>		
	Maya Pun Magar	Chairperson	9858044368 pun_miss@yahoo.com
	Bimala Gurung	Vice-Chairperson	9848023486

	Shobha Gurung	Secretary	9848027589 shobha_grgnpj@yahoo.com
	Lalita Chaudhary	Member	9848096123
	Uma Thapa Magar	Member	9858022076
	Urmila Shrestha	Member	9848033498
	Prerana Tamang	Member	
<b>23.</b>	<b>Jhapa</b>		
	Hari Devi Lawati	Chairperson	9824961008
	Khem Kumari Ale Magar	Vice-Chairperson	
	Agni Maya Meche	Secretary	9742649279
	Nima Ghising	Vice-Secretary	9815965882
	Sabina Guwal	Treasurer	9804920162
	Krsishna Maya Chaudhary	Member	9842710590
	Susma Kumal	Member	9842624904
	Maya Gurung	Member	
	Chhalu Maya Majhi	Member	9815088224
	Netra Dhimal	Member	9806019158
	Tara Rai	Member	
	Sita Kumal	Member	
	Samjhana Sunuwar	Member	
	Susmita Kisan	Member	
	Lakhi Ganesh	Member	9742619149
	Shanta Shrestha	Member	9815965086
	Jubha Murmu	Member	9816939692
<b>24.</b>	<b>Baglung</b>		
	Chini Maya Kala Magar	Chairperson	9847620090/9847637007 ksugarlove@yahoo.com
	Goma Chhantyal	Vice-Chairperson	9847666710/9726847518
	Sarshowati Pun Magar	Secretary	9847640320
	Ganga Majhi	Vice-Secretary	
	Roshani Shakya	Treasurer	9847622923
<b>25.</b>	<b>Kailali</b>		
	Ambika Tamang	Chairperson	9848483152
	Lalmati Rana	Vice-chairperson	9805761924
	Pramila Rai	Secretary	9800608333
	Maya Chaudhary	Treasurer	9848465928
	Ramita Chaudhary	Member	9848661572

	Narmaya Majhi	Member	9811691137
	Gita Raji	Member	9804659699
	Hira Shrestha	Member	9841405033
	Ashdhana Shakya	Member	
	Sanju Rana Magar	Member	9868419510
	Sapana Magar	Member	
<b>26.</b>	<b>Rolpa</b>		
	Tika Kumari Thapa	Chairperson	9714-073796 dudhatikathapa11@gmail.com
	Kalpana Budha	Secretray	9748511177/9847850191
	Hira Ghale	Treasurer	9847864269
	Bhagwati Budha	Member	
	Tika Kumari Gharti	Member	
	Lal Kumari Thakali	Member	
	Basu Shrestha	Member	
<b>27.</b>	<b>Gulmi</b>		
	Kamala Pun Magar	Chairperson	9847030920 kamalapun43@ yahoo.com
	Hima Gurung	Vice-Chairperrson	9747081412
	Sita Rana Kumal	Secretary	9847233032
	Ram Kumari Gharti Bhujel	Vice-Secretary	9747090374
	Basanti Shrestha	Treasurer	
<b>28.</b>	<b>Parsa</b>		
	Sushila Panjiyar Tharu	Chairperson	9845038536
	Tulasha Thapa Magar	Vice-Chairperson	9845269172
	Aarati Kumari Mandal	General Secretary	9845187332
	Nisha Gurung	Secretary	9804275520
	Sima Panjiyar Tharu	Treasurer	9845120665
<b>29.</b>	<b>Sunsari</b>		
	Sangita Subba	Chairperson	9842116544
	Sanu Shubba	Vice-Chairperson	9842053840
	Sujata Rai	Secretary	9842285548
	Sarada Majhi	Secretary (United)	9804094578
	Handu Jimee	Treasurer	9804018249
	Ganga Devi Bhujel	Member	9842116544
	Bimala Sunuwar	Member	9842038085
	Maya Tamang	Member	

	Bulandi Chaudhary	Member	
<b>30.</b>	<b>Dhading</b>		
	Parbati Shrestha	Chairperson	010-520855/9841066980
	Ratna Kumal	Vice-Chairperson	9841066980
	Sita Thapa Magar	Secretary	98411373350 simanamagar@yahoo.com
	Sarita Chepang	Vice-Secretary	9849710051
	Shanti Maya Gurung	Treasurer	9843050084
	Nirmala Bhujel	Member	9849778515
	Goma Tamang	Member	9849333996
<b>31.</b>	<b>Solukhumbu</b>		
	Maya Sherpa	Chairperson	9862857712
	Yamuna Magar (A)	Vice-Chairperson	9842991395
	Surya Kumari Sunuwar	Secretary	9842868705
	Ang Pema Sherpa	Sub-Secretary	9861679217
	Sharda Maya Tamang	Treasurer	9842897415
	Muna Sherestha	Member	9862849222
	Purnima Tamang	Member	9842908478
	Yamuna Magar (B)	Member	9765376596
	Lhamu Sherpa	Member	9749214384
<b>32.</b>	<b>Sindhupalchok</b>		
	Rina Shrestha	Chairperson	9843572020 / 9802332961 (rina.iccsindhupalchowk@gmail.com)
	Sanu Maya Gurung	Vice-Chairperson	9843371545
	Sharmila Danuwar	Secretary	
	Puja Tamang	Treasurer	9823180596
	Sharda Ghale	Member	
	Rama Devi Thami	Member	
	Tara Majhi	Member	
<b>33.</b>	<b>Kavrepalanchowk</b>		
	Shanti Lama	Chairperson	9841-527699/9813272312 lama_shanti09@yahoo.com
	Maina Sunuwar	Vice-Chairperson	9841-005728
	Alisha Magar	Secretary	9849579543
	Indira Pahari	Treasurer	9841036122
	Goma Gole	Member	9849579030

	Nani Maya Tamang	Member	9841633380
	Dil Kumari Rai	Member	
	Sarita Pulami Magar	Member	9841006197
	Nirmala Majhi	Member	9849107375
	Parbati Danuwar	Member	9849313667
	Sajana Ale Magar	Member	9841950544
<b>34.</b>	<b>Khotang</b>		
	Anjana Rai	Chairperson	9841182781
	Manmaya Bhujel	Vice-Chairperson	9842834423
	Dalamu Sherpa	Secretary	9743006266
	Manju Rai	Vice-Secretary	9842942426
	Bimala Rai	Treasurer	9743023813
<b>35.</b>	<b>Dang</b>		
	Sughari Chaudhary	Chairperson	9847826885
	Chanda Chaudhary	Vice-Chairperson	
	Maya Pura Roka Magar	Secretary	9847845850
	Sunita Kumal	Vice-Secretary	9804028466/9847807666
	Rajani Chhantyal	Treasurer	
	Gita Chaudhary	Member	9748500941
	Indira Shrestha	Member	9847832178/560667
	Uma Chaudhary	Member	9847893384
	Dani Maya Pun Magar	Member	9748504164
	Sharmila Gharti Magar	Member	9728244861
	Sabitra Rana Magar	Member	
	Dhamkali Chaudhary Tharu	Member	082-691109
	Shanti Somai ThapaMagar	Member	9748506274
	Indra Sen Kusunda	Member	
<b>36.</b>	<b>Makawanpur</b>		
	Sumita Chepang	Chairperson	9845102811
	Laxmi Gurung	Vice-Chairperson	9845239190 gurunglaxmi77@yahoo.com
	Sabita Bhujel	Secretary	9745500033
	Pabitra Rai	Vice-Secretary	9807229450
	Mina Waiba	Treasurer	9845030134
	Sumitra Chepang	Member	
	Sunita Tamang	Member	

	Kanchhi Maya Magar	Member	
	Ramita Rai	Member	
	Shanti Chepang	Member	
	Shova Chepang	Member	
37.	Mugu		
	Sangmu Lama	Chairperson	9848308321
	Chhorten Doma lama	Vice-Chairperson	
	Toma Lama	Secretary	
	Karma Chhaitol Lama	Vice-Secretary	
	Lata Lama	Treasurer	9748901214
	Yangen Lhamu Lama	Member	
	Minjom Lama	Member	
	Pangen Lama	Member	
	Sonam lama	Member	
	Lhenjam Lama	Member	
	Toma Lama	Member	
	Vitik Lama	Member	
	Kemal Lama	Member	
38.	Lalitpur		
	Goma Devi Bhujel	Chairperson	9849181500
	Radhika Karanjit	Secretary	9841898531
	Chadani Rana Magar	Treasurer	9841225096
	Pabitra Danuwar	Member	
	Saraswati Nagarkoti	Member	
	Hema Sherchan	Member	
	Laxmi Gurung	Member	
	Pabitra Dura	Member	
39.	<b>Dhanusha</b>		
	Shyam Kumari Lama	Chairperson	9807626874
	Sarita Devi Danuwar	Vice-Chairperson	9816837706
	Prem Maya Shrestha	Secretary	9844022543
	Bed Kumari Mandal	Treasurer	9801909532
40.	<b>Mahottari</b>		
	Lali Maya Jargha Magar	Chairperson	9844100561/9810845559/9813374837
	Sunita Danuwar	Vice-Chairperson	9807667799/9807608385
	Nimisha Mandal(Dhanuk)	Secretary	

	Dil Kumari Majhi	Vice-Secretary	
	Ful Maya Ghising Tamang	Treasurer	9844022383
	Pabitra Bhujel	Member	
	Kiran Kumari Chaudhary Tharu	Member	
	Sangeeta Rai	Member	
	Saraswati Susling Magar	Member	
	Pampha Jargha Magar	Member	
	Radha Lungeli Magar	Member	
<b>41.</b>	<b>Saptari</b>		
	Dil Kumari Chaudhary Tharu	Chairperson	9815748813
	Binda Thapa Magar	Vice-Chairperson	9815741779
	Usha Rai	Secretary	
	Sanji Maya Tamang	Vice-secretary	
	Kopila Shrestha	Treasurer	9807727416
	Laxmi Thapa Magar	Member	
	Koshala Yonjan Tamang	Member	
<b>42.</b>	<b>Siraha</b>		
	Sangeeta Ghising Tamang	Chairperson	9842913446
	Suki Ramauli magar	Vice-Chairperson	9842826234
	Sita Singh Danuwar	Secretary	9807755667
	Mina Sunuwar	Vice-Secretary	
	Sumitra Mandal Dhanuk	Treasurer	
	Anita Chaudhary	Member	
	Renu Urab	Member	
	Sita singh	Member	
<b>43.</b>	<b>Rautahat</b>		
	Chandra Gurung	Chairperson	9845100301
	Rina kumara Danuwar	Secretary	9845251965
	Laxmi Thokar Tamang	Treasurer	9843264431/9841676021
	Dil Maya Danuwar	Member	
	Indra Maya Gurung	Member	
<b>44.</b>	<b>Bara</b>		
	Hari Maya Tamang	Chairperson	9845253395/9845061575
	Chandrika Magar	Secretary	
	Putali Maya Majhi	Treasurer	
	Mina Gurung	Member	9845283589/9806802133

	Prem Maya Tamang	Member	9845560801/9807178789
<b>45.</b>	<b>Sarlahi</b>		
	Hari MayaThing Tamang	Chairperson	9844104521
	Gyanu Bhujel	Secretary	
	Dipa Sunuwar	Vice-Secretary	9844097148
	Basanti lama	Treasurer	
	Urmila singh danuwar	Member	
	Laxmi Magar	Member	
	Radha Rai	Member	9845228336
	Sunu lamichhane Magar	Member	9724154911
	Gauri Thami	Member	
	Sarad Kumari Chaudhary	Member	
	Mohan Devi Danuwar	Member	
	Ranjana Thapa Magar	Member	
	Junu Lama	Member	
<b>46.</b>	<b>Arghakhachi</b>		
	Shanta Khasu Magar	Chairpersion	9847183405\ rujushanta@gmail.com
	Mina Gurung	Vice-Chairperson	9847183405
	Dipa Kumal	Secretary	984757764
	Parbata Shrestha	Vice-Secretary	9847107293
	Puja Gurung	Treasurer	9845455984
	Soma Somai Magar	Member	
	Pushpa Somai Magar	Member	
	Kabita Kumal	Member	
	Saraswati Gurung	Member	
	Rama Kumal	Member	
	Chanda somai Magar	Member	
<b>47.</b>	<b>Taplejung</b>		
	Gita Sendang Limbu		9804043265/9842677000
	Menjana Shrestha	Chairperson	9842077000
	Santa Aangbuhang	Vice-chairperson	9842660740
	Swechchha Gurung	Secretary	9842660740
	Daalu Sherpa	Vice-Secretary	9842660253
	Nirmala Tamang	Treasurer	9842660265
	Gita Gurung	Member	9842683786
	Til Kumari Magar	Member	

	Penjokla Ukyap	Member	
	Shila Limbu	Member	
<b>48.</b>	<b>Pachthar</b>		
	Madhu Jabegu	Chairperson	9844667345
	Sita Gurung	Vice-Chairperson	9842723692
	Ganga Maya Aangdembe	Secretary	
	Indira Shrestha	Vice- Secretary	
	Sita Khawash	Treasurer	9844635922/9844635922
	Parbata Aangdembe	Member	9842723941
	Samikchha Mukhiya	Member	
<b>49.</b>	<b>Sankhuwasabha</b>		
	Ongmu Bhote	Chairperson	029-560157
	Manju Rai	Vice-Chairperson	
	Renuka Tamang	Secretary	
	Yangdu Sherpa	Treasurer	
	Krishna Kumari Kulung	Member	9842107931
	Santali Magar	Member	9842335763
	Renuka Bantawa	Member	9742013228
	Nabin Kumari Mewahang	Member	9804394518
<b>50.</b>	<b>Terhathum</b>		
	Phurba Sherpa	Chairperson	9842302869
	Kamala Tumbahamphe	Vice-chairperson	026-460235
	Bimala Phombo	Secretary	9842110726
	Drawapati Pradunga	Treasurer	
	Sanu rai	Member	9842459957
	Rupa magar	Member	9842253159
	Laxmi Tamang	Member	9842113821
	Usha Shrestha	Member	9842156399
<b>51.</b>	<b>Mustang</b>		
	Bhim Kumari Sherchan	Chairperson	
	Sashi Devi Gurung	Vice-Chairperson	
	Tshering Aangmo Gurung	Treasurer	9847680330
	Priya Bhattachan	Secretary	
	Tara Gurung	Vice-Secretary	9846231925
	Tshering Molam Gurung	Member	9847637718
	Tshering Bhutti Gurung	Member	9847680249
	Nani Gurung	Member	069-440139

	Bina Thakali	Member	
	Kalpana Sherchan	Member	
	Yutin Gurung	Member	
<b>52.</b>	<b>Surkhet</b>		
	Basana Gurung	Chairperson	9844817950
	Sunita Chudhary	Vice Chairperson	0
	Siya Pradhan	Secretary	9806601742
	Kalpana Darlami	Vice Secretary	9816540352
	Jamuna Raji	Treasurer	9869992980
	Bishnu Maya Kumal	Member	0
	Nim Kumari Majhi	Member	0
	Laxmi Gurung	Member	
	Anita Thapa	Member	9868932200
	Kista Prajapati	Member	
	Laxmi Chadhary	Member	
	Amrita Thapa magar	Member	
<b>53.</b>	<b>Kanchanpur</b>		
	Premwoti Rana	Chairperson	9848783192
	Parbati Tamang	Vice Chairperson	
	Tulasi Shrestha	Secretary	9848722989
	Kumari Raji	Treasurer	9822714811
	Madhumaya Bhujel	Member	
	Munni Chaudhary	Member	
	Manamaya Magar	Member	
	Phulmaya Uraw	Member	
	Sima Majhi	Member	
<b>54.</b>	<b>Syangja</b>		
	Lok Maya Thapa Magar	Chairperson	9846227831
	Jit Kumari Gurung	Vice-Chairperson	
	Rupa Thapa Magar	Secretary	
	Krishna Kumari Gurung	Treasurer	
	Nani Kumal	Vice-Secretary	
	Sumitra Majhi	Member	
	Manu Thapa Magar	Member	
	Jamuna Thapa Magar	Member	
	Amina Bhujel	Member	
	Devi Gurung	Member	

	Suku Kumari Gurung	Member	
	Samjhana Kumal	Member	
	Kumari Gurung	Member	
	Dilu Bhujel	Member	
<b>55.</b>	<b>Doti</b>		
	Subha Laxmi Thapa Magar	Chairperson	9848630772
	Shreejana Thapa	Vice-Chairperson	
	Anita shrestha	Treasurer	
	Sanu Maya Sherpa	Secretary	
	Chandra Rai	Vice-Secretary	
	Joni Mandal	Member	
	Rekha Darlami	Member	9843561889
	Pabitra Magar	Member	
	Padma Gurung	Member	
	Bina Shrestha	Member	
	Parbati Devi Dura	Member	
<b>56.</b>	<b>Lamjung</b>		
	Padma Gurung	Chairperson	9846045239
	Sita Lama Hyolmi	Vice-Chairperson	9846123138
	Laxmi Shrestha	Secretary	9846151920
	Pabita Thapa Magar	Vice-Secretary	9846089955
	Aasha Tamang	Treasurer	9846099208
	Samjhana Kumal	Member	
	Rekha Bhujel	Member	
	Sabitra Jirel	Member	
	Budha kumara Gurung	Member	9846089953
	Aashpuri Tamang	Member	9846250936
	Rupa Ghale	Member	9846123099
<b>57.</b>	<b>Rukum</b>		
	Tirtha Pun Magar	Chairperson	9847981027
	Bimala Gurung	Secretary	9748529527
	Kalpana Gharti Magar	Treasurer	9742054665
	Bina Chhantyal	Member	
	Kameni Budha Magar	Member	
	Sunrupi Shrestha	Member	9847907470
	Gamisara Pun Magar	Member	

<b>58.</b>	<b>Pyuthan</b>		
	Rita Budha Magar		9857833310
	Shanta Lama		9847838907
	Kamala Kumal		9847897130
	Uma Kumal		9847860090
	Shanta Kumal		9847918992
	Jawanmaya Kumal		9844960300
	Devi Gauchan		9846524210
	Bhuma Gurung		9847853059
	Sita Kakchhapati		9847820288
	Punam Chhantyal		
<b>59.</b>	<b>Dadeldhura</b>		
	Bijaya Gharti Magar	Chairperson	9848728579
	Dipa Raute	Vice Chairperson	9848728184
	Lalmati Raute	Secretary	9848826949
	Bimala Gharti Magar	Vice Secretary	9848802600
	Nirmala Roka Magar	Member	9848769328
	Shanti Bloon Tamang	Member	9848765486
	Manju Sinjali Magar	Member	096-420396
<b>60.</b>	<b>Gorkha</b>		
	Mina Kumari Gurung	Chairperson	9856042630
	Suku Maya Tamang	Vice Chairperson	9846754580
	Radhika Kumal	Secretary	9846456924
	Melina Baram	Co Secretary	9849555084
	Bimala Thapa Magar	Treasurer	9846648305
	Himala Gurung	Member	9869859433
	Gita Malla Shrestha	Member	9846188344
	Bina Devi Shrestha	Member	9846340899
	Rasu Bhujel	Member	9817131385
	Sarita Gurung	Member	9846097708
	Ram Maya Rana Magar	Member	9855081526
	Maya Rana Magar	Member	0
	Nanu Maya Thapa Magar	Member	9846755718
<b>61.</b>	<b>Kapilbastu</b>		
	Ranju Tharu	Chairperson	
	Laxmi Saru Magar	Vice-Chairperson	9816478300
	Bishnu Rana Magar	Secretary	984450053

	Rubina Gurung	Treasurer	
	Amrita lama	Member	
<b>62.</b>	<b>Jajarkot (New)</b>		
	Rita Pun	Chairperson	9845741218
	Bageshwory Bhadel	Vice-Chairperson	0
	Dhan Sara Pun	Secretary	9866221565
	Purnima Pun	Treasurer	9866221604
	Kalpana Thapa	Vice-Secretary	9848299354
	Bishnu Kumal	Member	0
	Basanta Pun	Member	9848130439
	Nimaraj Bhandari(Newar)	Member	9748321445
	Belmati Rokka Thapa	Member	9844830266
<b>63.</b>	<b>Salyan</b>		
	Keshari Shrestha	Chairperson	9847844010
	Dilli Kumari Gharti	Vice Chairperson	9812808053
	Bimala Gharti Shrestha	Secretary	9864720548
	Dipa Shrestha	Vice Secretary	9848175499
	Parbati Buda Magar	Treasurer	9847873032
	Lila Gurung	Member	9844913099
	Mina Tamang	Member	9866740203
	Shova Rai	Member	9847831211
	Sabitra Pun Magar	Member	9861525335
	Prativa Kawar Magar	Member	9812812195
	Kamala Gahrti	Member	9847865843
	Bhima Gharti	Member	9809741071
<b>64.</b>	<b>Dailekh</b>		
	Rama Kumari Thapa	Chairperson	
	Bhabisara Gurung	Vice Chairperson	
	Sita Thapa Magar	Secretary	
	Rekha Thapa Magar	Treasurer	
	Hari Maya Gurung	Member	
	Binda Shrestha	Member	
	Rupa Ale Magar	Member	
	Aabi Thapa Magar	Member	
	Pramila Gurung	Member	
	Dip Kumari Pun Magar	Member	

<b>65.</b>	<b>Rukum Paschim</b>		
	Hira Khadka Magar	Chairperson	9822883362
	Bimala Gurung	Treasurer	
	Sapana Pun Magar	Secretary	
	Sunita Shrestha	Member	
	Manisha Budha Magar	Member	
	Srijana Pun Magar	Member	
	Devi Khadka Magar	Member	
<b>66.</b>	<b>Baitadi</b>		
	Khema Thapa	Chairperson	
	Madhu Gurung	Vice Chairperson	
	Kalpana Rana	Treasurer	
	Prema Shrestha	Secretary	
	Usha Gurung	Member	
	Premkala Rana	Member	
	Reshu Lama	Member	























































































































# राष्ट्रिय आदिवासी जनजाति महिला महासंघ

९औं राष्ट्रिय महाधिवेशन

१४ र १५ चैत्र, २०८२ (२८ र २९ मार्च, २०२६)

## काठमाण्डौ, घोषणापत्र-२०८२

हाम्रा पितृहरू तथा हामीले सामुहिक रूपमा पुज्दै आएको वन, जंगल, खोला नाला, हिमाल, पहाड, ढुङ्गा, माटो, जनावर, चराचुरुङ्गी लगायतका आध्यात्मिक आस्थाहरू सबैलाई सम्भना तथा सम्मान गर्दै,

हामी आदिवासीको पुर्खाहरूले पुस्तान्तरण गर्दै आएको हाम्रो विशिष्ट सामुहिक पहिचान सहितको सामुहिक जिवन पद्धतिलाई हाम्रो पुस्ताले पनि अर्को पुस्तालाई जस्ताको तस्तै पुस्तान्तरण गर्नुपर्ने दायित्व प्रति गम्भिररूपमा मनन गर्दै,

विगतमा उपनिवेशवादीहरूले युद्धको नाममा जालभेल, छलकपट, अत्यन्त अमानविय क्रियाकलाप तथा नरसंहार (जेनोसाइड), आदिवासी महिलालगायतको आदिवासीबाट स्वतन्त्र, अग्रिम जानकारी सहितको मञ्जुरी प्राप्त नगरी जबरजस्ती तथा उपनिवेशीकरण पछि आदिवासी महिलालगायतको आदिवासीहरूको अर्थपूर्ण सहभागिता, प्रतिनिधित्व र निर्णयको अधिकारबाट बञ्चित हुनेगरी बनाएको संविधान, ऐन कानून, नीति नियम, योजना तथा कार्यक्रमहरू लगायतको माध्यमबाट आदिवासीहरूको भूमि, भू-भाग तथा स्रोतहरू कब्जा गरेको यथार्थतालाई मनन गर्दै, सन् १९९५ मा बेइजिङमा भएको महिलाको चौथो विश्व महिला सम्मेलनमा आदिवासी महिलाको बेइजिङ घोषणापत्र, १९९५ को स्मरण गर्दै,

नेपाल राज्य पक्ष रहेको महिला विरुद्ध हुने सबै प्रकारको भेदभाव उन्मूलन सम्बन्धी महासन्धि (सिड), महिला विरुद्ध हुने सबै प्रकारको भेदभाव उन्मूलन सम्बन्धी महासन्धि (सिड) आदिवासी महिला र किशोरीको आधारभूत सिफारिस नम्बर ३९, नागरिक तथा राजनीतिक अधिकार सम्बन्धी प्रतिज्ञापत्र, आर्थिक सामाजिक, सांस्कृतिक अधिकार सम्बन्धी प्रतिज्ञापत्र, सबै प्रकारका जातीय विभेद उन्मूलन गर्ने महासन्धी, उपनिवेशमा परेका जनता तथा राज्यहरूको स्वतन्त्रता सम्बन्धी घोषणापत्र, आदिवासीको अधिकार सम्बन्धी संयुक्त राष्ट्रसङ्घीय घोषणापत्र,

अन्तर्राष्ट्रिय श्रम संगठन महासन्धी नं १६९, आदिवासीहरूको विश्व सम्मेलनको परिणाम पत्र, बेइजिङ घोषणा पत्र र बेइजिङ कार्य योजना लगायतका

अन्तर्राष्ट्रिय कानून तथा सिद्धान्तहरूद्वारा प्रत्याभूत अधिकारमा आधारित गरेको आदिवासी महिलाहरूको अधिकारलाई सम्मान गर्दै,

आदिवासी महिलालगायत आदिवासीको आधारभूत मूल्य-मान्यताहरूमा पूर्णरूपमा प्रतिबद्ध हुँदै,

हामीहरूको पितृहरूले पुस्तान्तरण गरेको आत्मनिर्णयको अधिकार, स्वायत्तता, प्रथाजनित स्वःशासन पद्धति तथा प्रथाजन्य कानून, पुर्ख्यौली भूमि, भू-भाग तथा स्रोतहरूमा स्वामित्व तथा नियन्त्रण, आदिवासी नारीवाद अन्तर्गतको समतामूलक समाजलगायतका सामुहिक अधिकारलाई निरन्तरता दिँदै हाम्रो सामुहिक जीवन पद्धतिलाई जस्ताको तस्तै पुस्तान्तरण गर्ने प्रण गर्दै,

आदिवासीहरू महिलाहरूको अन्तरनिहित आत्मनिर्णयको अधिकार सहितको स्वायत्तता, लैङ्गिक समानता र समताको सुनिश्चितताको लागि,

सिड समितिले पारित गरेको आदिवासी महिला तथा किशोरीहरूको अधिकार सम्बन्धी आधारभूत सिफारिस नं. ३९ तथा सिड समितिले राज्यपक्ष नेपाललाई दिएको सुझावको बूँदा नम्बर ४१ “क” मा आदिवासीको अधिकार सम्बन्धी संयुक्त राष्ट्रसङ्घको घोषणापत्र अनुरूप आदिवासी महिलाको अधिकार, विशेषगरी आदिवासीको आत्मनिर्णयको अधिकार स्पष्ट रूपमा पहिचान गरि संविधान संशोधन गर्न दिएको सुझावलाई स्वागत गर्दै,

नेपालमा सङ्घीय लोकतान्त्रिक गणतन्त्र स्थापना गर्नमा आदिवासी र आदिवासी महिला आन्दोलनहरूले पुऱ्याएको योगदान र उपलब्धीहरूको रक्षा गर्दै,

हामी आदिवासी महिलाहरूमा अन्तरनिहित आत्मनिर्णय लगायतको अहरणीय, जन्मसिद्ध, अभिभाज्य र सार्वभौम मानव अधिकारको प्रयोग गर्दै;

हामी आदिवासी महिलाहरू आज मिति: २०८२ साल चैत्र १४ र १५ गते तदनुसार मार्च २८ र २९, २०२६ मा राष्ट्रिय आदिवासी जनजाति महिला महासंघले यो काठमाण्डौ घोषणापत्र, २०८२ जारी गर्दछौं ।

- हामी समानान्तर सार्वभौमिकताको सिद्धान्तमा अडिग छौं ।
- एकात्मक हिन्दू राज्यको निर्माणदेखि नै निरन्तरता पाएको बाहुनवाद, पितृसत्तावाद, खस-नेपाली भाषा, हिन्दू धर्म र संस्कृतिको एकाधिकारको सिद्धान्त, नीति तथा प्रचलनहरू जातिवादी, नश्लीय विभेद, लैङ्गिक रूपमा विभेदकारी, कानुनी रूपमा अवैध, नैतिक रूपमा निन्दनीय तथा सामाजिक रूपमा अन्यायपूर्ण भएकोले सोको

अन्त्य हुनु पर्दछ भनी हामी प्रतिबद्ध छौं ।

- नेपाल पक्ष रहेका अन्तर्राष्ट्रिय श्रम संगठन महासन्धी नं. १६९, सहमती जनाएको आदिवासी जनजातिको अधिकार सम्बन्धी संयुक्त राष्ट्र सङ्घको घोषणापत्र, महिला विरुद्ध हुने सबै प्रकारको भेदभाव उन्मूलन सम्बन्धी महासन्धि (सिड) लगायतका अन्तर्राष्ट्रिय मानव अधिकारका दस्तावेजहरूमा प्रत्याभूत भएका आत्मनिर्णयको अधिकार, सामुहिक अधिकार, स्वायत्तता, लैङ्गिक समानता र समता सहितको निति नियम, ऐन, कानून, योजना र कार्यक्रम नभएमा हामीलाई स्वीकार्य हुनेछैन ।
- हाम्रो ऐतिहासिक थातथलोको जल, जंगल, तथा जमीन लगायतमा आदिवासी महिलालगायत आदिवासीको सामुहिक स्वामित्व तथा नियन्त्रण संविधान, कानून तथा नीति नियमबाट प्रत्याभूत हुनु पर्दछ भन्ने हाम्रो अडान छ र यस सम्बन्धमा आदिवासी महिलाहरूको भूमि अधिकार सम्बन्धमा अडान पत्रलाई राज्य, सरकार, नीजि क्षेत्र, नागरिक समाज तथा विकास साभेदार निकाय/संस्था लगायतका सबै बाह्य पक्षले अर्थपूर्णरूपमा सम्मान गर्दै कार्यान्वयन गरोस् ।
- आदिवासी महिलाको आत्मनिर्णीत विकासलाई सबै पक्षले प्राथमिकतामा राखोस् ।
- आदिवासीको भूमि, भू-भाग तथा स्रोतको ऐतिहासिक थातथलोमा आदिवासी महिला तथा समग्रमा आदिवासीबाट स्वतन्त्र, अग्रिम जानकारी सहितको मञ्जुरी प्राप्त नगरी कुनै पनि संवैधानिक, कानुनी, प्रशासनिक तथा विकासका कार्यहरू प्रत्यक्ष वा अप्रत्यक्षरूपमा आदिवासी महिलालगायत आदिवासीलाई असर पर्ने गरि कुनै पनि बाह्य पक्षले कार्यान्वयन नगरोस् ।
- आदिवासी महिला विरुद्ध हुने सबै किसिमका प्रत्यक्ष, संरचनागत, सामाजिक, सांस्कृतिक, मनोवैज्ञानिक, भावनात्मकलगायतका हिंसा तत्काल बन्द गरियोस् तथा पीडित आदिवासी महिलाहरूलाई यूएनडिप तथा आईएलओ महासन्धी नं. १६९ तथा अन्य अन्तर्राष्ट्रिय कानूनको आधारमा आफ्नो थातथलोमा पूनर्स्थापना र न्यायोचित क्षतिपूर्तिको व्यवस्था गरियोस् ।
- राष्ट्रिय निकुञ्ज तथा संरक्षण क्षेत्र लगायतका संरक्षित क्षेत्र तथा मध्यवर्ती क्षेत्रहरू र सामुदायिक वन आदि यसको परम्परागत संरक्षक आदिवासी महिला र आदिवासीलाई नै फिर्ता गरियोस् ।

- आदिवासी महिलाको प्रथाजनित तथा परम्परागत ज्ञान, सीप, प्रविधि तथा अभ्यासको अपराधिकरण तत्काल बन्द गरियोस् र अधिकार लागू गरियोस् ।
- मातृभाषाको अधिकारलाई राज्यको सबै संरचना, अङ्गमा कार्यान्वयन गरियोस् । साथै, शिक्षा र सञ्चार लगायत निकायमा मातृभाषा लागू गरियोस् ।
- समग्र महिलाको कोटामा आदिवासी महिलाको पहिचान सहित पूर्ण समानुपातिक प्रतिनिधित्व, संविधान, नीति नियम, कानून, योजनामा जातिय समुदायगत पहिचान र आदिवासी महिलाको पहिचान सहित जातिय जनसङ्ख्या र लैङ्गिक आधारमा पूर्ण समानुपातिक र समावेशी प्रतिनिधित्वको सुनिश्चित गरियोस् ।
- राज्यले संविधान संशोधन गरि आदिवासी महिलाको विशिष्ट पहिचानलाई स्वीकार गरियोस् । आदिवासी महिला भित्रको अन्तरक्षेदिय (Intersectionality) लाई राज्यको योजना, नीति, रणनीति कार्यनीति कार्यक्रम बजेट अनुगमन र मूल्याङ्कन आदिमा आदिवासी महिला भनेर उल्लेख गर्नु र पूर्ण समानुपातिक बजेट, स्रोत र साधनको व्यवस्था गरियोस् ।
- राज्य, महिला आन्दोलन र विकास साभेदार (दातृ) निकायहरूले जातिय, भाषिक, सांस्कृतिक र क्षेत्रगत विविधतालाई स्वीकार गर्दै पूर्ण समानुपातिक सहभागिता र प्रतिनिधित्व सुनिश्चित गर्ने प्रतिबद्धता घोषणा गरियोस् ।
- आदिवासी र आदिवासी महिलाको परम्परागत न्याय प्रणाली, प्रविधि, ज्ञान, सीप, कला, संस्कृतिको मान्यता दिने, प्रवर्धन संरक्षण, विकास, नियन्त्रण हुने स्वायत्त अधिकारको सुनिश्चित गरियोस् ।
- लोपोन्मुख, अतिसीमान्तकृत र सीमान्तकृत आदिवासी महिलाका सशक्तिकरणका लागि विशेष अधिकार सहित विशेष कार्यक्रम लागू गर्न हामी प्रतिबद्ध छौं ।
- आदिवासी किशोरीहरूलाई पुस्ता हस्तान्तरण गर्न हामी प्रतिबद्ध छौं ।
- प्रत्यक्ष वा अप्रत्यक्ष रूपमा प्रभाव पार्ने कुनै पनि कानुनी, प्रशासनिक, विकासका वा अन्य कुनै पनि कार्यहरू स्थानीय, प्रदेश तथा सङ्घीय सरकार तथा व्यापारिक कम्पनी लगायतका नीजि क्षेत्र, गैरसरकारी संस्था र अन्तर्राष्ट्रिय विकास साभेदारलगायतका कुनै पनि बाह्य पक्षले सञ्चालन गर्नु अगावै आदिवासीबाट स्वतन्त्र, अग्रिम जानकारी सहितको मञ्जुरी लिने प्रतिबद्धता घोषणा गरियोस् ।

- कुनै पनि आदिवासीलाई स्वतन्त्र, अग्रिम जानकारी सहितको मञ्जुरी प्राप्त नगरि आफ्नो बसोबासको ठाउँबाट विस्थापित नगरोस् । यदि विस्थापित नगरी नहुने अवस्था रहेमा पुनर्स्थापना, न्यायोचित मुआब्जा र क्षतिपूर्तिको व्यवस्था आदिवासीहरूको अधिकार सम्बन्धी संयुक्त राष्ट्रसङ्घीय घोषणा पत्र, अन्तर्राष्ट्रिय श्रम संगठनको महासन्धि नं. १६९ र सर्डको आधारभूत सुझाव (जनरल रेकमण्डेशन) नं. २३ अनुरूप सम्बन्धित आदिवासीहरूको स्वतन्त्र, अग्रिम जानकारी सहितको मञ्जुरी प्राप्त गरेर मात्र गरियोस् ।
- नेपालले अनुमोदन गरेको आईएलओ महासन्धि नं. १६९ तथा पारित गरेको यूएनडिप तथा आदिवासीको विश्व सम्मेलन, २०१४ को परिणाम पत्र, सिडको जनरल रेकमण्डेशन नं. ३९ लगायतका अन्तर्राष्ट्रिय कानुनसंग बाझीने संविधानका प्रावधानहरू, ऐन कानुन, नीति नियमहरू खारेज गरि तदनुसूचित संशोधित संविधान लागू गरियोस् ।
- नेपाल सरकारले जारी गरेको मानव अधिकारको पाँचौँ राष्ट्रिय कार्ययोजनामा आदिवासीको सम्बन्धमा उल्लेख भए अनुसारको कार्य योजना तत्काल कार्यान्वयन गरियोस् ।
- नेपालको संविधानको धारा- ५६ (५) अनुसारको विशेष, स्व-शासित तथा स्वायत्त क्षेत्रहरू सर्वोच्च अदालतले बराम आदिवासीको रिटमा जारी गरेको निर्देशनात्मक आदेशलाई पूर्ण परिपालन गरि कार्यान्वयन गरियोस् ।
- नेपाल तथा विश्वको कुनै पनि भागमा भएका भूमि, भू-भाग तथा स्रोत सम्बन्धी आदिवासी महिला, आदिवासीको आन्दोलन, प्रतिरोध, संघर्ष, विद्रोह तथा क्रान्तिमा हामी आदिवासी महिलाहरूको पूर्ण ऐक्यबद्धता जाहेर गर्दछौं ।  
जय आदिवासी ! जय आदिवासी महिला !!